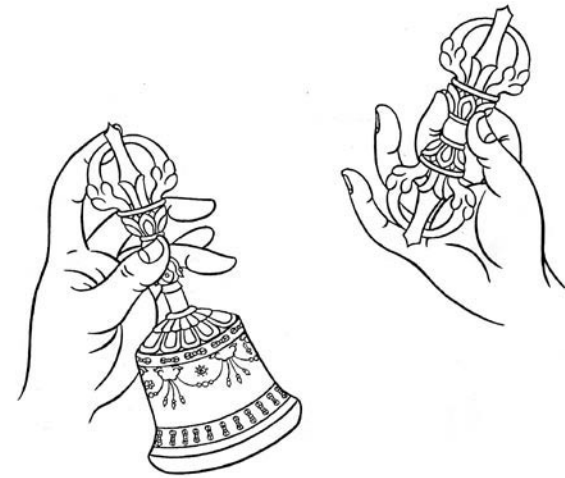


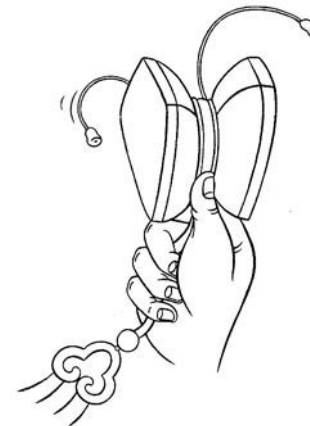
Mudras
for
Anuttara Yoga Practices

in the Tradition of Je Phabongkha Rinpoche

Holding Vajra & Bell



Playing the Damaru

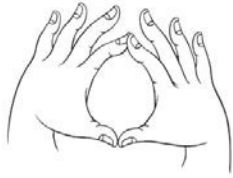


Colophon

Drawings: ©2003 by Andy Weber (www.andyweberstudios.com)
Arrangement & Layout: Wolfgang Saumweber

October 2003

The Blazing Mudra



PHAIM

The Invitation/Embrace Mudra Sequence



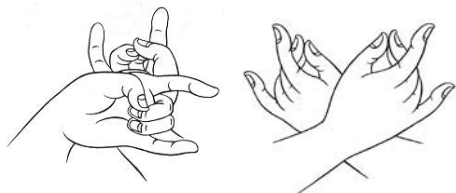
DZA



HUM

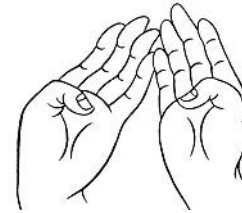


BAM



HOH

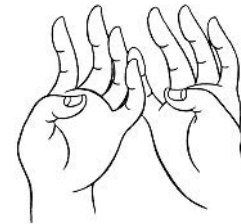
The Basic Eight Outer Offerings



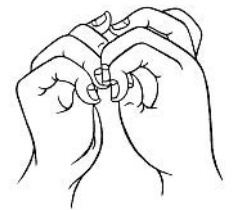
ARGHAM
Nectar (white)



PADYAM
Bathing Water (white)



PUSHPE
Flowers (white)



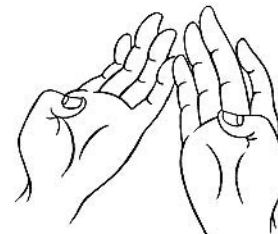
DHUPE
Incense (smoke-c.)



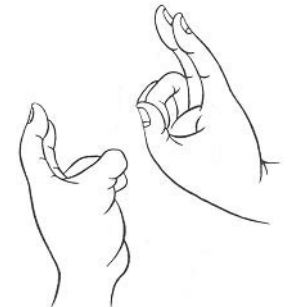
ALOKA / DIPE
Light (orange)



GANDHE
Perfume (green)



NAIVIDYA
Food (multi-c.)



SHAPTA
Music (multi-c.)

The Six Special Objects of Enjoyment



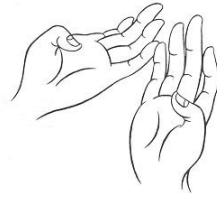
ADARSHE
Form / Mirror
(white)



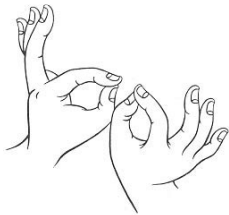
VINI
Sound / Flute
(blue)



GANDHE
Smell / Saffron Water
(yellow)



RASE
Taste / Food
(red)

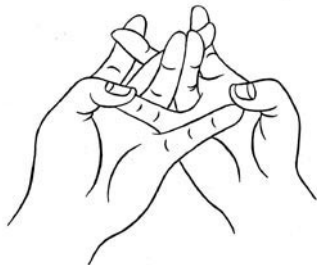


PARSHE
Touch / Clothes
(green)



DHARME
Mind / Phenomena Sources
(white)

The Mandala Offering



The Kusali Tsog Offering

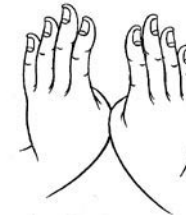
(Vajrayogini Practice)



OM



AH



HUM



HAH HO HRIH